

Cutting Edge Martial Arts
Bozeman Class Schedule

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
AM	(6-7:00) Adult General Training		(6-7:00) Adult General Training	(11:10-12:10) Tai Chi	(6-7:00) Adult General Training	(8:15-9:45) Tai Chi
11:30am-12:10pm	Strength Training		Strength Training		Strength Training	(10-11:30) Kyorendo
12:10 - 1:10pm	Adult General Training	Adult General Training	Adult General Training	Adult General Training	Adult General Training	
4:30pm - 5:00pm	Peewee		Peewee			
5:00pm - 6:30pm	Kids/Teen All	Kids/Teen All	Kids/Teen All	Kids/Teen All	Kids/Teen/Adults All	
6:30pm - 7:30pm	Adult General Training	Adult General Training	Adult General Training	Adult General Training		
7:30pm - 8:30pm	Tai Chi		Kung Fu			

Age Levels

Peewee: Ages 4-5

Kids: Ages 5-12

Adult: Ages 12+, 8+ Red Belts and up

Kids Classes

Beginners: White through Senior Yellow

Intermediate: Green through Senior Blue

Advanced/Teen: 8+ Red belts and up, 12-17 All

Test-prep / Competition: Adults and any green belt or higher test or tournament prep

Adult Classes

General Training: General technique, fitness for all ranks

Strength Training: Guided independent body-weight strength training

Forms: Open hand poomse and weapons forms

Kung Fu, Tai Chi: Free classes taught by a variety of instructors with decades of experience.