

Cutting Edge Martial Arts

Big Sky Class Schedule

Tuesday Classes

- ◆ 3-4pm Adult Class
- 4-5pm Kids Beginner's Class
- 5-6pm Kids Intermediate and Advanced Class

Friday Classes

- ◆ 3:15-4:15 pm Adult Class
- 4:15-5:15pm Kids Beginner's Class
- 5:15-6:15pm Kids Intermediate and Advanced Class

Adult General Training Class: General technique, conditioning, and sparring from Taekwondo and a sampling of other martial arts

Kids Beginner's Class: Ages 5-13, White Belt through Senior Yellow Belt - introduction to Taekwondo, focused on coordination, self-control, self-discipline, and basic martial arts technique

Kids Intermediate and Advanced Class: Ages 6-13, Green Belt and up – advanced Taekwondo technique and introductions to a sampling of other martial arts

Held in the back room of Pilates Fitness Fusion near the Post Office

Stop in for a free class or contact Mark Austin
406-570-1844
malexanderaustin@gmail.com